

Thyateira Youth Camps Kit List

Parents need to involve younger children and older children need to involve parents in the packing process to ensure they pack only what they need and are allowed to bring.

Our location on Dartmoor means that the weather can be unpredictable and change quickly.

Top tips for packing

- **Involve** younger campers in packing so they learn how to pack and can see what they are taking with them
- **parents** ensure you check your children are not bringing things they shouldn't
- **Write names** on **everything** so that we can return lost property each day
- **Do not bring** mobile phones, music players, computer games, jewelry and fashion clothes
- **Bring a single duvet cover** (pillows, single duvets and bed sheets are provided)
- **Practice** fitting a duvet cover before arriving
- **Casual, warm** clothes are most useful. If clothes get wet they can be dried in the drying room. (We encourage youngsters to reuse dried worn clothes!)
- **Don't Forget to bring wellies**
- **Pocket Money** - £10 would be sufficient as there won't be much opportunity to spend it.

*We try to promote **modesty** at camp so that children are free to think about more important things than how each other looks. Please pack with the general rule of **no bums, tums or chests on show**. This applies to girls and boys! Older children/teens should keep this in mind for make up too!*

Avoid bringing

- **Jeans** - they are not suitable for activities - they keep wet, and make you colder
- Sleeping Bags [WITH THE EXCEPTION OF UPPER CAMP]
- Aerosol deodorants or other sprays. Roll-on and stick deodorants are fine.

Forbidden Items

If it's not on the Kit List, it shouldn't be at camp!

Mobile phones

Electronic devices

Illegal drugs

Alcohol

Knives including pen knives, Swiss army knives and bushcraft knives

Fire starting materials or key attachments eg. Flint and steel

Medication for self administration

Weapons

Cigarettes

Vapes

Fireworks

Weapons of any sort

Food (medical reasons allowed eg. T1 Diabetes)

Toys including water guns (1 small cuddly toy for bedtime is allowed)

Please use the list to help with your packing. Good luck!

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Bedding	Tick
Single duvet cover (pillows, single duvets and bed sheets are provided).	
Clothing	
5 - 7 t-shirts	
2 - 3 long sleeve tops	
2 - 3 warm tops: sweatshirts / jumpers / fleece tops / hoodie	
8 sets of underwear	
2 - 3 joggers / trousers for colder weather and evenings	
2 - 4 pairs of shorts	
Socks - at least 8 - 9 pairs of which 2 pairs are thick	
Pyjamas	
Swim wear and swim towel	
Light waterproof coat and trousers	
Sun hat	
Smart clothes for Divine Liturgy. Boys: smart shirt and trousers. Girls: long skirt or trousers blouse/smart top.	
Footwear	
An old pair of trainers for muddy/wet activities	
Wellies / Completely Waterproof walking/hiking boots	
Slippers / slipper socks OR other indoor shoes	
A second pair of trainers (optional)	
Other	
Large towel for shower	
Toiletries: shower gel, shampoo, toothpaste, tooth brush (& sanitary towels)	
Refillable plastic drinks bottle	
Day bag/small rucksack	
Icon and bible	
2 large plastic carrier bags for dirty clothes	
Sleeping Bag [UPPER CAMP ONLY]	
Useful Extras	
torch and alarm clock if you rely on a mobile phone for this	
Sun cream	
Insect repellent - there are LOTS of insects in the countryside!!	
Lip salve	
plasters	
Stamps for postcard	
Travel games / cards	
Reading book	
Musical instrument (but don't bring valuable orchestral instruments)	

If you need medication remember to bring it with you!

Medication should in a sealed sandwich bag, clearly labelled with child's name and must be handed over when the child is handed over to the adult leader that is either responsible for the coach journey or the leader on site. No child should have any medication on their room or on their person and no child should self-administer except in extenuating circumstances where a plan is in place!